

J.M. Pickup and Associates

WISDOM TEETH EXTRACTIONS

Wisdom teeth extractions may not be as simple as normal extractions and the recovery may require some time off work.

INTRAVENOUS SEDATION

Depending on the difficulty, we usually extract them under intravenous sedation which is **not** a general anaesthetic but enables you to have a pain free appointment of seemingly short duration.

ESCORT AND FASTING

You will require a person to escort you home from the surgery. Your escort **must** meet you at the surgery.

You should not have anything to eat or drink for (4) four hours before the operation.

MEDICATION

Antibiotics are started on the morning of the appointment. The pain tablets are taken immediately when you arrive home.

1. Antibiotics (Amoxycillin or Erythromycin).
2. Pain killer (such as Mersyndol) will be prescribed. Nurofen, Aspirin and Panadol are useful.

LIKELY EVENT

1. The first night is the most painful, keep taking the pain tablets until they are finished. (It is difficult to reduce the pain if you allow the effect of the pain tablets to wear off).
2. Swelling will increase that evening and will start to go down on the fourth day.

Use a cold pack on side of the face immediately after the operation for ten minutes every hour if possible for the first day.

Stitches will be removed in one week.

OCCASIONALLY

If pain persists or increases after 4-5 days contact us.

Your jaw may feel stiff for a few weeks but gently stretching the mouth open will overcome this.

There is always the possibility/problem of complications following extractions.

These are very rare but can occur, and include:

1. Damage to the nerve surrounding the teeth which results in temporary (and extremely rare semi-permanent or permanent) numbness to the lip or tongue.
2. Infection in the socket of the extracted tooth.
3. Fracture of the jaw.