

# Dental Sedation Instructions

## BEFORE SEDATION

ALL PATIENTS must be accompanied to the appointment and home from the surgery, by a responsible adult. Unless an adult is present, the sedation will be cancelled.

Patients cannot be allowed to travel home on public transport.

1. DO NOT have anything to eat or drink for at least 4 hours before the time of your appointment.
2. CONTINUE to take routine medications, unless the dentist advises otherwise .
3. REMOVE ALL make-up (particularly lipstick and nail polish) before your appointment
4. WEAR loose fitting and comfortable clothing. It is particularly important for sleeves to be loose.
5. DRESS warmly in cold weather.
6. WEAR flat heel shoes.

## AFTER SEDATION

NO ALCOHOL of any kind may be taken for at least 24 hours after sedation.

DO NOT DRIVE any vehicle, operate machinery or make any business decisions on the same day as your treatment, as your reflexes and judgement may be affected. Instructions will be given to you regarding care of the mouth following treatment.



Pickup  
Bagshaw  
Dental